

Anne Colgan is a Humanistic & Integrative and Existential Psychotherapist. She studied voice and musical composition in Houston, Texas before she became a psychotherapist. She uses voice and bodywork in bringing about transformation. She has received awards and bursaries from her local authority to work with voice and sound with children, adolescents and adults particularly in the area of trauma. She presented her work with creative music with clients with profound physical and intellectual disabilities at the World Arts and Health Conference in Dublin Castle in 2004. Since then she has produced two CDs. "Courage" and "Croi". She facilitates creative music workshops to demonstrate the power of voice. She works in private practice as a psychotherapist and supervisor. She is currently the Chair of the Irish Council for Psychotherapy and is a member of the Board of EAP. She is also a member of the EAP EU Lobbying Working Group and the EAP Marketing Working Group.