

Lidia Surina is a PhD, analytical psychologist, psychotherapist, Jungian analyst, astropsychologist, coach. She specializes in working with life crises, individuation (spiritual and personal growth), neuroses, emotional disorder, symbiotic and narcotic dependence disorders.

She is Ph.D. in Chemistry. The scope of scientific research in the field of physical chemistry was the mechanism of heterogeneous catalysis of organic compounds. Currently she conducts research in the field of psychology of the unconscious of human psyche.

Lidia Surina is Full Member of Professional Psychotherapeutic League of Russia (2005), chair of the modality “Jungian analysis” of PPL (2013), Certified personal therapist of international level, the Accredited supervisor of PPL and international-level lecturer of PPL, author and head of the Archetypal Astropsychology School (2006).

She is a well-known organizer. She is the author of the concept of interdisciplinary approach to important psychological and psychotherapeutic aspects. Annually she organizes international multidisciplinary Jungian conferences and symposiums – both within the Congress PPL and independently.

Lidia Surina actively uses her author's psychotherapeutic methods in her professional activities: Astrodrama (“Archetypal Theatre of Astrodrama”), desktop transformation psychological game “AstraLida: Aspects & Planets” and metaphorical cards «AstraLiS: The Planet Archetypes in Zodiac signs». She teaches her methods, including abroad.